



5° Edition – September, the 9th 2012

The event takes place in Piancavallo (www.piancavallo.com), a well-known touristic place located at the base of the mountainous group of *Cavallo*, and nearby the Friuli Dolomites, UNESCO Natural World Heritage. The race unfolds in the mountains of *Col Nudo Cavallo*, in between the provinces of Pordenone and Belluno. Starting from Roncjade restaurant (1270 mt) it goes by *Tornidor* natural spring, moves upward till *Forcella Val Grande* and, crossing the *Val Sperlonga* plateau gets round the north slopes of *Cavallo* mountainous group, till it goes by *Forcella Lastè* (2040 mt), the highest point of the race. From this point, heading downhill to *Semenza hut* (2020), through *Val De Piera* and the path 926, and keeping close to *Cima Delle Vacche* the race reaches its lowest point, *Malga Pradosan*, 1338 mt. From now on the race goes uphill, and from *Pian Delle Lastre* it reaches *Casera Palantina* and then *Forcella La Palantina*. It approaches *Arneri Hut* and, slightly uphill through *Gerometta* path finally arrives to *Casera Capovilla*, close to the finishing line.

Altimetry plotted by means of GPS system

The race is open to everybody, with minimum 18 years of age. Any participants under the age of 18 shall be provided with a responsibility form, undersigned by one the parents, and be accompanied by a responsible adult person.

THE KIDS SKYRACE

The kids Skyrace is the party of our young athletes: this race is open to any children wishing to enjoy a competition conceived for their sporting spirit. Emotions, fun, a big family party and the opportunity of appreciating the peculiar natural landscape of our area: this is the aim of the kids Skyrace.

All the participants will be awarded with a prize.

A pre-subscription will be appreciated. Please download the pdf brochure at link "*iscrizioni*".

The entry fee for this race is EUR 5, and it included the race gadget as well as the lunch voucher.

ORGANIZING STAFF

The idea of this competition has been conceived by a newborn MONTANAIA RACING, an amateur sporting team engaged in several mountaineering sports.

The idea dates the year 2007: supported by the energy of a growing team it becomes reality with the first race, held in the summer 2008.

The Skyrace director is Michele Livotti.

MEDIUM COVERING TIME

Hikers: from 5 to 6 hours

Trained hikers: from 4 to 5 hours

Athletes: from 3 to 4 hours

Skyrunners: within 3 hours

Top skyrunners: within 2.5 hours

WHERE DOES OUR SKYRACE TAKE PLACE?

Monte Cavallo SKYRACE takes place between Piancavallo and the Alpage area. Starting point, arrival and headquarters are located in Piancavallo, in the municipality of Aviano, but a part of the course spreads out also in the municipality of Tambre and has its turning point nearby Col Indes, a small alpine village. Let's enter into details and look how to get to the start.

DAILY EVENT SCHEDULE

Monday 11th June 2012

8 a.m.: Opening of on-line pre-subscriptions

Sunday 2th September 2012

8 a.m.: Track READY. The athletes are allowed to test the route.

Wednesday 5th September 2012

Midnight (12 a.m.) On-line transfers closing (30 euro).

On-line subscriptions are open till Friday 7th September.

Whoever might have pre-registered but has not sent an on-line transfer can pay his entry fee of 35 euro once he collects his racing bib.

Friday 7th September 2012

Midnight (12 a.m.) Closing time of pre-subscriptions. It will be up to the race direction to accept or not the subscription of any pre-registered athletes at the time of collection of their racing bibs.

Saturday 8th September 2012

1 a.m.-6 p.m. (Roncjade): Collection of the racing packets and bibs.

6 p.m. (Conference hall): Opening pre-race briefing and race presentation- Special guest-TO BE DEFINED

Sunday 9th September 2012

6 a.m.-8 a.m. (Roncjade): latest collections of racing packets and bibs.

8:15 a.m. (Roncjade) Athletes meeting and check of their race technical equipment.

8:30 a.m. (Roncjade): Race start for all the categories.

08:30 a.m.-9:03a.m.(Roncjade): Subscriptions for the Kids Skyrace

9:30 a.m. (Roncjade): Start of the Kids Skyrace

10:30 a.m.-11a.m (Roncjade)Expected the arrival of the first athlete

10:45 a.m. (*F.Ila Val Grande*):

Closing of the first cut-off time (whoever arrives later shall return his race bib and withdraw coming back by *Val Grande*)

11:30 a.m. (Junction of crossing paths 923-926):

Closing of the second cut-off time ((whoever arrives later shall return his race bib and withdraw coming back by path 923 –(*Sasso della Madonna*))

1 .p.m (Roncjade): lunch for the athletes

2 p.m. (Roncjade): Award ceremony of the Kids Skyrace

2p.m. (Roncjade): Maximum arrival time to be entered in the rankings

2:30 p.m. (Roncjade): Skyrace award ceremony

LOST & FOUND

At the starting point

RULES

The race is open to everybody, with minimum 18 years of age. Any participants under the age of 18 shall be provided with a responsibility form, undersigned by one the parents, and be accompanied by a responsible adult person.

The race is mass start competition , individual, promotional and not competitive.

3nd TROPHY BENITO SAVIANE: timed downhill trial from *F.Ila Lasté* to *Malga Pradosan*.

Special prizes to the man and woman ranked 1st in the race. The complete ranking lists will show the results of all the timed athletes.

6 hours is the maximum race covering time.

-1°cut-off time of 2 hours 15 minutes at *F.Ila Val Grande*.

-2°cut-off time of 3 hours at the crossing paths CAI 923 and 926, located at app. 5 minutes from *Semenza Hut*.

The participants that do not comply with the cut-off times and places shall withdraw from the race. They shall bring their race bib and come back to the starting point, accompanied by the race technical staff.

(!!) At the race termination the microchip shall be brought back at the reception desks , for the collection of the race gadget and of the lunch voucher .

Five aid refreshments are present along the race route (look at the race map).

The acknowledgement of the race rules , the subscription of the race form and the solidarity with the other athletes are compulsory for any participant, as well as the visibility of the race bib, the employ of suitable clothes, suitable shoes (trail running or climbing boots), abiding by the race signals and passing at the checkpoints appointed along the route.

The participants declare to be aware of the risks involved in the competition, thus relieving the organizing staff of any liability.

(!!) For any additional information and details about the race rules please refer to the International SkyRules , set forth by the ISF and as held at <http://www.skyrunning.com>.

AWARDS AND CATEGORIES

Besides the gorgeous gadgets and the rich prizes many other categories are being awarded ,details available at “ [http://www.skyrunning.com/images//skyrunning rules_07_09_b.pdf](http://www.skyrunning.com/images//skyrunning%20rules_07_09_b.pdf) ”

TECHNICAL STAFF

Race director: Michele Livotti, available on Wednesdays and Fridays from 6 p.m. to 7:30 p.m. at the phone number +39 349 3861188, mail to info@montanaiaracing.it

SUBSCRIPTION

The subscription to the race can be made either on –line or by fax.

(visit <http://www.montanaiaracing.it/skyrace/iscrizione.htm>)

The entry fee for any participant registering within September 5th 2012 is EUR 30 (a copy of the bank transfer may be shown at the race bib collection for any registration made in the latest days admitted).

The entry fee for any participant registering after September 5th but within September 7th the entry fee is EUR 35 and shall be paid at the bib collection.

The price includes a special gadget, refreshments along the course and at the arrival, insurance, technical assistance and lunch at the arrival.

“Registered” is whoever has paid the amount due by bank transfer to: ASS. SPORTIVA MONTANAIARACING – via Molinari, 35 – PORDENONE

Bank account at

BCC Pordenonese – via Mazzini, 10 – AVIANO

IBAN: IT 79 T08356 64770 000000025585

The subscription, entered by Internet website or made by fax is valid as complete acceptance of the race rules herein referred to, and relieves the organizing staff of any civil and penal liability for any damages to

persons and objects that may occur during and after the race. By registering and paying the entry fee the participant accepts entirely the race rules and declares to be in possession of the medical certificate as required by D.M. dated 18-2-82.

HOTELS

Special offers and prices for runners are being granted by contacting Valestour agency(<http://www.valestour.it> - 0434.571059 - silvia@valestour.it)

We're looking forward to you!!